



Kettering Medical Center Physician Office Building  
3533 Southern Blvd., Suite 2100 – Kettering, OH 45429-1267  
(937) 293-3486 – Fax (937) 293-3605

8057 Washington Village Drive – Centerville, OH 45458-1847  
(937) 312-9890 – Fax (937) 312-9810

Calvert R. Busch, M.D., F.A.C.C.  
Harvey S. Hahn, M.D., F.A.C.C.  
Ziwar F. Karabatak, M.D., F.A.C.C., F.S.C.A.I.  
Robert W. Kiefaber, M.D., F.A.C.C., F.S.C.A.I.  
Brian P. Schwartz, M.D., F.A.C.C., F.S.C.A.I.  
David B. Stultz, M.D., F.A.C.C.

Todd Christie, PA-C  
<http://www.swcardiology.com>

## Test Preparation

### **Chemical Stress Test With Nuclear Imaging** (Allow 4 to 5 hours)

\* Preparation: Do not eat or drink after midnight prior to testing. No caffeine, decaffeinated drinks or chocolate 24 hours prior to test. You must not take the following medications for 48 hours before test: Persantine, Trental, Viagra, Theophylline and drugs containing Aminophylline.

- Wear comfortable clothing, exercise shoes and a short sleeved shirt. Bring a jacket or long sleeved shirt with you.
- A complete explanation of the procedure will be given at the time of testing.
- An I.V. will be started and resting images of the heart will be performed.
- Following the stress test the technologist will give you a time to return.
- You will have a rest period of 1 to 2 hours. Bring a book or magazine with you.

### **Treadmill Stress Test With Nuclear Imaging** (Allow 4 to 5 hours)

\* Preparation: Do not eat or drink after midnight prior to testing.

- Wear comfortable clothing, exercise shoes and a short sleeved shirt. Bring a jacket or long sleeved shirt with you.
- A complete explanation of the procedure will be given at the time of testing.
- An I.V. will be started and resting images of the heart will be performed.
- Following the stress test the technologist will give you a time to return.
- You will have a rest period of 1 to 2 hours. Bring a book or magazine with you.

### **Treadmill Stress Test** (Approximately 1 hour)

\* Preparation: Do not eat or drink after midnight prior to testing.

- Wear comfortable clothing, exercise shoes and a short sleeved shirt. Bring a jacket or long sleeved shirt with you.

### **Treadmill Stress Echocardiogram** (Approximately 1 hour)

\* Preparation: Do not eat or drink after midnight prior to testing.

- Wear comfortable clothing, exercise shoes and a short sleeved shirt. Bring a jacket or long sleeved shirt with you.

### **Abdominal and Renal Ultrasound** (Approximately 1 hour)

\* Preparation: Do not eat or drink after midnight prior to testing.

### *The studies below do not require any specific preparation*

**Echocardiogram** (Approximately 1 hour)

**24 Hour Holter Monitoring**

**Event Monitoring (30 day)**

**Carotid Ultrasound** (Approximately 1 hour)

**ABI/Segmental Pressures** (Approximately 45 minutes)

**Venous Ultrasound of Upper/Lower Extremity** (Approximately 1 hour)